

2010 Programme Availability

Code	Course	Cost	Day	Time
JC1	Tiny Tots	£18	Sunday	9.00-9.30am
JC2	Mini Red	£36	Thursday	5.00-6.00pm
JC3	Mini Red	£36	Sunday	9.30-10.30pm
JC4	Mini Red	£36	Friday	4.00-5.00pm
JC5	Mini Orange	£36	Sunday	10.30-11.30am
JC6	Mini Orange	£36	Friday	5.00-6.00pm
JC7	Mini Green	£36	Sunday	11.30-12.30pm
JC8	Mini Green	£36	Friday	5.00-6.00pm
JC9	Full Tennis 1	£36	Sunday	12.30-1.30pm
JC10	Full Tennis 1	£36	Saturday	3.00-4.00pm
JC11	Full Tennis 2	£36	Sunday	1.30-2.30pm
JPP	Mini Matchplay	£3	Saturday	4.00-5.00pm
SC1	Senior Beginner	£25	Saturday	1.00-2.00pm
SC2	Senior Improver	£25	Saturday	2.00-3.00pm

Junior Session Dates 2010

Set 1: April-June 2010

Thursdays	22/4	29/4	06/5	13/5	20/5	27/5
Fridays	23/4	30/4	07/5	14/5	21/5	28/5
Saturdays	24/4	01/5	08/5	15/5	22/5	29/5
Sundays	25/4	02/5	09/5	16/5	23/5	30/5

Set 2: June -July 2010

Thursdays	10/6	17/6	24/6	01/7	08/7	15/7
Fridays	11/6	18/6	25/6	02/7	09/7	16/7
Saturdays	12/6	19/6	26/6	03/7	10/7	17/7
Sundays	13/6	20/6	27/6	04/7	11/7	18/7

Set 3: September - October 2010

Thursdays	09/9	16/9	23/9	30/9	07/10	14/10
Fridays	10/9	17/9	24/9	01/10	08/10	15/10
Saturdays	11/9	18/9	25/9	02/10	09/10	16/10
Sundays	12/9	19/9	26/9	03/10	10/10	17/10

Please note that junior coaching courses are running on a 6-week cycle, two sets in Summer and one set in the Autumn.

Mini-Matchplay 2010 Dates (All on Saturdays)

Mini Tennis Red	24/4	15/5	12/6	03/7
Mini Tennis Orange	01/5	22/5	19/6	10/7
Mini Tennis Green	08/5	29/5	26/6	17/7

Senior Session 2010 Dates (All on Saturdays)

Set 1	24/4	01/5	08/5	15/5	22/5
Set 2	12/6	19/6	26/6	03/7	10/7
Set 3	11/9	18/9	25/9	02/10	09/10



MAWDESLEY TENNIS CLUB

2010 COMMUNITY TENNIS COACHING PROGRAMME



The Community Tennis Coaching Programme at Mawdesley Tennis Club is provided by L.T.A. Licensed Coaches and is suitable for juniors & seniors of all ages and abilities. The club is also committed to exploring ways of providing tennis for players with a disability.

Mawdesley Tennis Club is set in a fantastic picturesque location. The club has x4 All Weather Tennis Courts (1 floodlit) allowing all-year round play, and a Club Pavilion with a decking area & changing rooms.

Mawdesley Tennis Club
Hurst Green
Mawdesley
Lancashire
L40 2QS

Trevor Hale (Junior Co-Ordinator)
01257 462424 / 07799 425835
trevorhale@hotmail.co.uk

Registered Charity No: 1130817

www.mawdesleytennis.com

Junior Coaching Programmes available:

Tiny Tots

For 3-5 year olds

An introduction to moving, throwing, catching & hitting skills.

Course Code: JC1

Mini Tennis Red

For 5-7 year olds

Played on a reduced size court & with sponge or low compression balls and small, light rackets. It is an ideal introduction to tennis.

Course Codes: JC2, JC3 & JC4

Mini Tennis Orange

For 7-10 year olds

Played on a slightly larger court than mini red, but again using low compression balls and light rackets. These sessions are aimed at both new players and those developing their skills.

Course Codes: JC5 & JC6

Mini Tennis Green

For 10-14 year olds

Mini Tennis Green is an introduction to 'Full' tennis using low compression balls but played on a full size court.

Course Codes: JC7 & JC8

Full Tennis 1

For players 10 years & above

Full Tennis 1 is for those wish to develop their tennis skills. Standard equipment is used and play is on a full sized court.

Course Codes: JC9 & JC10

Full Tennis 2

Like Full Tennis 1, but for junior players who have a high L.T.A rating and are playing competitively.

Course Code: JC11

Senior Coaching Programmes available:

Senior Beginner

For adults who are newcomers to tennis, or for those who wish to start playing again.

Course Code: SC1

Senior Improver

For adults who have played previously, and wish to improve tactical and technical ability.

Course Code: SC2

All equipment will be provided for all sessions and any ages listed are for guidelines only. Coaching staff will move players into groups that suit their playing standard.

Cost of Coaching Programmes:

Junior Coaching Programmes:

£36 per set of x6 sessions

Discounts Available:

£5 discount if you attend two sets of sessions

£10 discount if you attend all three sets of sessions

Family Discount - book two places and get a third place FREE

Junior Membership at Mawdesley Tennis Club (individually worth £41) is also included when you join the junior coaching programme.

Junior Matchplay Sessions:

£3 per session

Senior Coaching Programmes:

£25 per set of x5 sessions

Please note - Senior Membership at Mawdesley Tennis Club is not required to join the senior coaching programme, but is available at an additional cost for players who want to get more involved at the club. Please go to: www.mawdesleytennis.com for more details about senior membership or contact Kim White (Senior Membership) directly on: 07736072341 or 01257 463852.

