

## 2011 Programme Availability

Code	Course	Cost	Day	Time
JC1	Tiny Tots	£18	Sunday	9.00am - 9.30am
JC4	Mini Red	£37	Monday	4.00pm - 5.00pm
JC2	Mini Red	£37	Thursday	5.00am - 6.00pm
JC3	Mini Red	£37	Sunday	9.30am - 10.30pm
JC5	Mini Orange	£37	Sunday	10.30am - 11.30am
JC6	Mini Orange	£37	Friday	4.00pm - 5.00pm
JC7	Mini Green	£37	Sunday	11.30am - 12.30pm
JC8	Mini Green	£37	Friday	5.00pm - 6.00pm
JC9	Full Tennis 1	£37	Sunday	12.30pm - 1.30pm
JC10	Full Tennis 1	£37	Saturday	3.00pm - 4.00pm
JC11	Full Tennis 2	£37	Sunday	1.30pm - 2.30pm

## Junior Session Dates 2011

### Spring 2011 - Set 1:

March-May 2011 (2 weeks, then 3 week break for Easter  
Followed by a further 4 weeks)

Mondays	28/3	04/4	02/5	09/5	16/5	23/5
Thursdays	31/3	07/4	05/5	12/5	19/5	26/5
Fridays	01/4	08/4	06/5	13/5	20/5	27/5
Saturdays	02/4	09/4	07/5	14/5	21/5	28/5
Sundays	03/4	10/4	08/5	15/5	22/5	29/5

### Summer 2011 - Set 2:

June -July 2011 (6 consecutive weeks)

Mondays	06/6	13/6	20/6	27/6	04/7	11/7
Thursdays	09/6	16/6	23/6	30/6	07/7	14/7
Fridays	10/6	17/6	24/6	01/7	08/7	15/7
Saturdays	11/6	18/6	25/6	02/7	09/7	16/7
Sundays	12/6	19/6	26/6	03/7	10/7	17/7

### Autumn 2011 - Set 3:

September - October 2011 (6 consecutive weeks)

Mondays	05/9	12/9	19/9	26/9	03/10	10/10
Thursdays	08/9	15/9	22/9	29/9	06/10	13/10
Fridays	09/9	16/9	23/9	30/9	07/10	14/10
Saturdays	10/9	17/9	24/9	01/10	08/10	15/10
Sundays	11/9	18/9	25/9	02/10	09/10	16/10



## MAWDESLEY TENNIS CLUB

### JUNIOR COACHING PROGRAMME 2011



The Junior Tennis Coaching Programme at Mawdesley Tennis Club is provided by L.T.A. Licensed Coaches Suzanne Rath & Andrew Manchester and is suitable for Juniors from 3 years of age to 18 years of age; with a range of courses across different days & times.

Mawdesley Tennis Club is set in a fantastic picturesque location. The Club has x4 All Weather Tennis Courts (1 floodlit) allowing all-year round play, and a Club Pavilion with a decking area & changing rooms.

**Mawdesley Tennis Club**  
Hurst Green  
Mawdesley  
Lancashire  
L40 2QS

**Trevor Hale (Junior Co-Ordinator)**  
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Registered Charity No: 1130817

[www.mawdesleytennis.com](http://www.mawdesleytennis.com)



## Junior Coaching Programmes available:

### Tiny Tots

For 3-5 year olds

An introduction to moving, throwing, catching & hitting skills.

Course Code: JC1

### Mini Tennis Red

For 5-7 year olds

Played on a reduced size court & with sponge or low compression balls and small, light rackets. It is an ideal introduction to tennis.

Course Codes: JC4, JC2 & JC3

### Mini Tennis Orange

For 7-10 year olds

Played on a slightly larger court than mini red, but again using low compression balls and light rackets. These sessions are aimed at both new players and those developing their skills.

Course Codes: JC5 & JC6

### Mini Tennis Green

For 10-14 year olds

Mini Tennis Green is an introduction to 'Full' tennis using low compression balls but played on a full size court.

Course Codes: JC7 & JC8

### Full Tennis 1

For players 10 years & above

Full Tennis 1 is for those wish to develop their tennis skills. Standard equipment is used and play is on a full sized court.

Course Codes: JC9 & JC10

### Full Tennis 2

Like Full Tennis 1, but for junior players who have a high L.T.A rating and are playing competitively.

Course Code: JC11

## Senior Coaching Programmes available:

Senior Coaching Programmes are also available for adults who are looking to develop their tennis skills. The Club provides both Senior Beginner and Senior Improver Coaching Programmes. For more information please contact the Senior Tennis Co-Ordinator Kim White on: 07736072341 / 01257 463852

All equipment will be provided for all sessions and any ages listed are for guidelines only. Coaching staff will move players into groups that suit their playing standard.

## Cost of Coaching Programmes:

### Junior Coaching Programmes:

£37 per set of x6 sessions (£18 for Tiny Tots)

#### Discounts Available:

£5 discount if you attend two sets of sessions

£10 discount if you attend all three sets of sessions

Family Discount - book two places and get a third place FREE

Junior Membership at Mawdesley Tennis Club (individually worth £41) is also included when you join the junior coaching programme.

### Senior Coaching Programmes:

£30 per set of x5 sessions

Please note - Senior Membership at Mawdesley Tennis Club is not required to join the senior coaching programme, but is available at an additional cost for players who want to get more involved at the club. Please go to: [www.mawdesleytennis.com](http://www.mawdesleytennis.com) for more details about senior membership or contact Kim White (Senior Tennis) directly on: 07736072341 or 01257 463852.

